

Greetings from the Minister's Desk

Greetings Everyone,

As we head into the month of June, we are invited to release all that has held us back and embrace the future that is waiting for us—a future filled with joy, enthusiasm, possibility, and excitement.

Some may wonder how we can speak of joy and possibility with all that is happening in the world around us. We speak this Truth because we understand that we are co-creators with God. God's desire for us is always our highest and greatest good. Divine Life is forever seeking to express abundance, peace, health, wisdom, and love through us.

The only thing that can stand in the way of fully embracing what God has already prepared for us is fear—not what will be, but fear of what *might* be. Fear has a way of narrowing our vision. When we become focused on worry, uncertainty, or appearances, we lose sight of the good that is already unfolding before us. Two energies cannot occupy the same space at the same time. If we are holding tightly to fear, it becomes difficult to see the pathway forward. Fear clouds our awareness and keeps us from recognizing the blessings, opportunities, and possibilities that Spirit is placing before us.

Yet the Truth remains unchanged: God is abundance. God is health. God is wisdom. God is peace. And because God is, so are we.

This month, let us make a conscious commitment to walk in that Truth. Let us release fear and stand firmly in faith. Put your shoulders back. Hold your head high. Lift your eyes toward the heavens from whence our joy comes. True joy does not come from outer conditions or circumstances. It arises from within—from the awareness that we are divine expressions of the One Presence and One Power, God the Good.

When we remember who we are, life begins to flow differently. Peace replaces struggle. Faith overcomes fear. Joy rises naturally from within.

As a spiritual community, let us move through June with renewed confidence and expectancy. Let us encourage one another, uplift one another, and continue creating a world rooted in love, compassion, abundance, and hope.

Together we affirm:

“I release fear and walk boldly into the good God has prepared for me. Joy flows freely through my life, and I live in the awareness of divine abundance.”

With love and blessings,

Rev. Thomas Frederick
Minister

From Our Leadership Team



Shhhh.... it's me, the ghost of newsletters past popping in to say thanks for the warm sendoff. I felt the love. I miss you already. By the time you all get this I will already be in Vancouver, likely in a hotel trying to explain to my cats what the heck just happened. They'll adapt, we all will. I have secured housing and the landlord is such a sweetheart. I feel like when we start moving in they'll meet us with dinner. The vibe just felt right instantly. Even when I started to think it was too good to be true (yes I did all security checks) I reminded myself that I would land exactly where I needed to land and I would find a community quickly. I am standing on that faith.

Work had a party for me on my last day too. It's funny how people become family. Sometimes it's no blood, but all heart. So for my Unity family, I wish you abundance, love, passion, growth and laughter beyond measure. Be bold in your beliefs but kind in expression. If something isn't working for you, try something different. things don't change if things don't change.

Look for me around Christmas (a ghost of Christmas Future?). Be well my friends,

Sue Stribley.

Upcoming Events at Unity of Ann Arbor

THE CHARACTER OF GOD

Dara Bermick, LUT



Unity of Ann Arbor invites you to

- Join us on Tuesdays, April 21st at 7-8 PM EST (10 weeks)
- **THIS CLASS IS THE NEW SERIES 2 IN THE FILLMORE STUDY PROGRAM**

To register: dbermick@gmail.com

- Move beyond the images and beliefs of the past, and open yourself to a new understanding of the Universal Creative Source.
- This Source is invisible, yet it is the underlying Cause of all things. It is the origin of every idea formed in the mind and every expression that appears in the outer physical world.

Join in anytime to observe

Spiritual Empowerment Community Presents

Summer outdoors series:

June 13, July 18 & August 8.

Meet in the parking area of Unity of Ann Arbor to carpool. Joy can carry 3, and another volunteer driver is appreciated. The meeting time will be an hour earlier, at 9:30am. The ending time is variable, with a lunch stop that will be adding to our time. No donation is necessary, but you may want to consider offering something to your driver. Please bring a hat or umbrella, comfortable shoes, water bottle, insect repellent, sunscreen, etc.

**Neuroscience and Spirituality:
Diving Deep into the Science of Spiritual Living.**

An Interactive Masterclass led by Dr. Adriana Medina, MD, Ph.D.

**In person only, presented by Unity Of Ann Arbor.
4750 Venture Dr. Suite 350, Ann Arbor, MI 48108**

Saturdays June 27, July 25, 2026 10:30 AM to 1 PM

June 27: Listen to your gut: the enteric system and the good bacteria of your gut.

July 25: Roll with it: the Vagus nerve function and how to turn it into an ally.

Investment: 50 dollars per session.

Pay via PayPal or Zelle, then emailing your information to admin@unitya2.org

- **Paypal: Unity Church of Ann Arbor Zelle admin@unitya2.org**
- **Cash: In person the first day of the event or pay per session as you attend.**



Unity of Ann Arbor Presents:
Rev. Carolyn Simon, LPC, MA, MEAD, RDH

"The Transforming Power of Conflict:
A Crisis Is A Terrible Thing To Waste"
Sunday Talk Followed by the Workshop

"The Language Of Communication:
Listen, Learn, Love, and Transform"

July 12, 2026



Stay up to date and find out upcoming speakers and events by checking out our event calendar

<https://unitya2.org/unity-of-ann-arbor-events-calendar/>



Sunday Services at 10:00 am
4750 Venture Dr. Suite 350, Ann Arbor, MI 48108
www.unitya2.org
P.O. Box 6010, Ann Arbor, MI 48106 **734-434-8545**

Love offerings gratefully accepted at the above P.O. box,
via Zelle to admin@unitya2.org,
or via PayPal/credit card on our [website](http://www.unitya2.org).
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