

Greetings from the Minister's Desk

Dear Beloved Community,

April arrives as a joyful expression of new life. The earth awakens, blossoms begin to appear, and we are reminded that life is always renewing itself. This is the season of resurrection—the time we celebrate the risen Christ.



In Unity, we honor the resurrection of Jesus as a powerful demonstration of what is spiritually true for all of us. The story of Easter is not only about Jesus rising; it is about the eternal truth that the Christ life cannot be held down, limited, or confined. That same divine life, that same Christ presence, lives within each of us. April invites us to celebrate this truth.

Through the Lenten journey, we have released what no longer serves us. We have let go of limiting beliefs, old patterns, and thoughts that kept us from fully expressing our divine nature. Now, we stand ready to rise—to awaken to a higher awareness of who we are. The risen Christ is not something outside of us. It is the living, breathing presence of God within us—expressing as love, strength, wisdom, and new possibility. Each time we choose love over fear, faith over doubt, and compassion over judgment, we are participating in resurrection. We are bringing new life into the world.

As a community, this season holds even deeper meaning. In our new spiritual home, we are witnessing new life unfolding among us. We are growing together, strengthening one another, and shining the Christ Light in ways that reach far beyond our walls. What we celebrate at Easter is alive in this community—it is active, vibrant, and expanding. Let this be a month of true celebration. Not only of what has been, but of what is now rising within you. You are not the same person you were before. Something new has been born. Something sacred is emerging. Together, we affirm:

“The Christ within me is risen. I celebrate new life, new strength, and new possibilities. I am alive in the light of Truth.”

With Easter joy and resurrection blessings,

Rev. Thomas Frederick

Senior Minister

From Our Leadership Team



Wow. It's almost Easter! April is upon us already. Spring is in the air. flowers are flowering, critters are... crittering. It's the great awakening of the region. I love spring and will be soaking up every minute of it as I prepare to leave Michigan for my great awakening or rebirth. Next spring will be a whole different experience and I am ready. I won't be the only one having an adventure! The Board will be changing this month, at our annual membership meeting on the 26th and we'd love to see you. We are actively plotting the next year, what the music will be like, who will be handling it and attending the regional board training. We're looking at events to hold and attend elsewhere so pass along any suggestions you may have. I feel like we've gotten quite comfortable in the new space so if you haven't seen it yet, come join us. Maybe Easter Sunday? We'll leave the Christ light on for ya.

Happy Easter,

Sue Stribley and the Unity of Ann Arbor Board

Upcoming Events at Unity of Ann Arbor

Neuroscience and Spirituality: Diving Deep into the Science of Spiritual Living.

An Interactive Masterclass led by Dr. Adriana Medina, MD, Ph.D.

In person only, presented by Unity Of Ann Arbor.

4750 Venture Dr. Suite 350, Ann Arbor, MI 48108

Saturdays April 25, May 23, June 27, July 25, 2026 10:30 AM to 1 PM



Lesson 1: The Menagerie of The Mind: why your brain is not always your best friend.

Lesson 2: Follow your heart: the cardiac nervous system and its influence in your life.

Lesson 3: Listen to your gut: the enteric nervous system and the good (microscopic) neighbors that live in your gut.

Lesson 4: Roll with it: the Vagus nerve function and how to turn it into an ally.

Investment: 200 dollars (50 dollars per session).

Early Bird sign up: 150 dollars (until April 25).

Register by sending your payment via PayPal or Zelle, then emailing your information to admin@unitya2.org

- Paypal: Unity Church of Ann Arbor
- Zelle admin@unitya2.org
- Cash: In person the first day of the event or pay per session as you attend.

Unity of Livonia Presents:

“Know Yourself – Love Yourself – Be Yourself”



*A deep, restorative weekend to
Awaken, Embrace, and Truly LOVE the Allness of you.*

Led By Rev Cindy Yamamoto

Friday and Saturday, May 29 and 30, 2026
At St. Paul of the Cross Passionist Retreat Center
23333 Schoolcraft Rd., Detroit, MI 48223
For more information call 734-421-1760.

Spiritual Empowerment Community

Join us Saturday April 18 from 10:30am -
12pm

at Unity of Ann Arbor

These meetings are dedicated to helping
women improve their lives with
education, meditation, and energy
sharing. Love offering is appreciated





A new edition of Fillmore Study Program classes led by Dara Bermick will begin on April 21st, Tuesdays at 7-8 PM.

More information will be provided in our upcoming weekly announcements.



Sunday Services at 10:00 am
4750 Venture Dr. Suite 350, Ann Arbor, MI 48108
www.unitya2.org
P.O. Box 6010, Ann Arbor, MI 48106 **734-434-8545**

Love offerings gratefully accepted at the above P.O. box,
via Zelle to admin@unitya2.org,
or via PayPal/credit card on our [website](http://www.unitya2.org).

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