



Dr. Adriana Medina Presents: What If...?

“There is nothing either good or bad, but thinking makes it so.”
—William Shakespeare

What if the story you have been telling yourself is not true?
What If there is a better story and just by opening that possibility you can live a better life?

Most people spend a lot of time imagining that anything could happen. But they mostly imagine all the bad stuff that could happen.

What if we can easily flip that script and change our lives simply by playing with positive possibilities?

What if we could make our lives a thousand times better by allowing ourselves a moment of fun?

What if we can remove the limitations and obstacles we see around by letting our imagination run free?

As we allow ourselves to be more child-like, we start to release their inner barriers to thinking bigger. A switch flips in our brains and possibilities open up in a way we were not perceiving before.

As we allow our brains to play and imagine new, happy, exhilarating scenarios in our lives, we will increase our energy, and remember what is truly possible.

Join us for a **Sunday February 23rd 10:00AM** service followed by a **Workshop at 11:30 AM** where neuroscientist Dr. Adriana Medina will explore the power of saying “What if it all goes right?” Find out the science and the spiritual power that comes from asking a simple question: what if?



P.O. Box 6010
Ann Arbor, MI 48106



734.434.8545



admin@unitya2.org



<https://unitya2.org/>

