

Charles W. Thomas Jr. - Biography



Charles W. Thomas, Jr. spent the first half of his life pursuing the belief that reality consisted of what can be measured, manipulated and used for practical purchases. He has spent the last 18 years studying spirituality with an emphasis on prayer and forgiveness as spiritual keys. He is now devoting his life to the understanding of the subjective side of life, that is, nurturing the concept that this understanding may be significant in determining for ourselves what comprises reality.

Charles has written a book, “A Month of Sundays” as a tool for people like himself, that are on a path of spiritual discovery. He has found that engaging in daily prayer and devotion makes a noticeable difference in one’s outlook on life, and that it contributes wondrously to peace of mind. His prayer for this book is that it become a gentle companion for Truth-seekers who desire a more intimate relationship with the Spirit-of-Love residing within.

In his roles as lay minister of the “Detroit Unity Temple Forgiveness Ministry” and as a Life Mastery Consultant certified by Mary Morrissey’s “Life Mastery Institute”, Charles has experienced the effectiveness of persistent action, spaced repetition and the cultivation of the “Witness-Self” – that part of us that is aware of our awareness.

The dynamic product of all of this: “A Month of Sundays” is the first book in a series of books designed to help Truth-seekers explore the landscape of their inner-consciousness, to discover the off-hidden aspects of their sense of identity, and to document their experiences for future reflection and harvesting.